

14 days before surgery, you need to stop:

- · Any Narcotic (e.g., Vicodin, Norco, Darvocet, Percocet or Oxycontin)
- Aspirin-like products ("blood thinners") e.g., Ibuprofen, Aleve, Motrin (Except Celebrex)

7 - 10 days before, you need to stop:

- Plavix / Coumadin / Warfarin: Please consult with your internist
- · Any medications as per your internist
- Aspirin 81mg

You can continue to take:

- Tylenol
- Celebrex
- Glucosamine Chondroitin Sulfate
- Daily Vitamins

On the morning of surgery:

Take only medications that are for your heart (hypertension, arrhythmias, etc.)

If you use an inhaler, please bring it with you

If you are taking diabetic medications, you should check with your internist to determine if you should take these medications on the morning of surgery

If you are taking any other medications that are not listed, please consult with your internist prior to surgery to determine if you should continue taking the medication or to see when you should stop and resume the medication.

Post operative care:

Post operative appointment should be given to you at your pre operative appointment, if you do not know when this is after surgery call Sara.

Post operative instructions should be given to you after your surgery please follow them unless otherwise instructed by Dr. Sutherland.