

**SUTHERLAND TOTAL SHOULDER ARTHROPLASTY ORDERS**

ADMIT PACU > 6N/ORTHO/INPATIENT ACUTE

DX: s/p \_\_\_\_\_ TSA; REV. TSA; SHOULDER HEMI-ARTHROPLASTY

CONDITION: \_\_\_\_\_

ACTIVITY: \_\_\_\_\_

VITALS: Every 6 hours

NURSING: TEDs and Foot Pumps BLE while in bed

Interscalene Block Precautions; Sling

Cough, Turn, Deep Breathe, and Incentive Spirometry Q1 while awake

Hemovac to suction; Humidified O2, 1-2 Liters per NC (D/C when O2 sat > 93% RA)

I&O Cath PRN, leave in PRN > 500cc output

Keep deep dressing intact, unless saturated.

Resume pre-op diet ASAP.

31 Humidified O2 per NC x48 hours

IVF: LR @ \_\_\_\_\_ ml/hr until tolerating clear fluids > 400cc/hr

LABS: CBC, BMP, H&H POD #1; H&H POD #2; H&H POD #3

X-Ray: A/P Shoulder in PACU

THERAPY: Consult PT/OT; AROM Elbow and Wrist; Swelling control with tubagrip to operative extremity; Shoulder Codman's Pendulum, **No external rotation** past neutral; Assist in post-op transfer education. Assist with ADLs.

CONSULT \_\_\_\_\_

SOCIAL WORK: Discharge planning

MEDS: ABX: Ancef \_\_\_\_\_ gm IV Q6 for three post-op doses,  
Clindamycin 600/900mg IV Q6 for three post-op doses,  
Vancomycin 1 gram IV Q12 for two post-op doses.

PAIN CONTROL: Tylenol 1000mg IV TID x48 hours, then PRN pain or fever (limit 3000 mg/day)

Celebrex \_\_\_\_\_ mg po daily/ BID

Oxycontin \_\_\_\_\_ mg po BID

Dilaudid 1-4mg po Q4 prn pain

Ultram 50mg 1-2 po q4 PRN pain

Dilaudid 0.25-1 mg IV Q2 prn breakthrough pain.

OTHER MEDS: Lovenox 40mg SQ daily begin POD #1 in AM

Zofran 8mg IV in PACU, then 4mg IV/PO Q4 prn nausea

Ambien 5-10mg po QHS PRN insomnia

Pepcid 20mg po daily

Colace 100mg po BID

Flomax 0.4mg po qPM, begin night of surgery (males only).

Mylanta 30-60cc po Q4 prn indigestion

Dulcolax suppository daily prn constipation

Mag Citrate ½ -1 bottle po daily prn constipation

Milk of Magnesia 30cc po Q12 prn constipation

Fleets enema prn Q12 prn constipation

Other Orders:

---

Dr. George Sutherland / DarronStandiford PA-C

Date/Time