

SUTHERLAND HIP Hemiarthroplasty/IMN ORDERS

ADMIT PACU -> 6N/ORTHO/SUTHERLAND INPATIENT/ACUTE

DX: s/p____ Total Hip Arthroplasty/Hemiarthroplasty/Intermedullary nail ANTERIOR /POSTERIOR APPROACH
CONDITION:_____

ACTIVITY: OOB with assistance day of surgery, WBAT with assistive device.
Posterior hip ROM precautions, ABD pillow while in bed
For IMN please no posterior hip precautions or ABD pillow

VITALS: Every 6 hours

NURSING: TED's & Foot Pumps BLE while in bed
Cough, Turn, Deep Breathe, Incentive Spirometry Q1 while awake.
I&O cath prn
Foley cath, remove by AM POD#2 if placed.
Heels off bed, decubitus precautions
Osteoporosis Education for hip fractures
Suretrans per protocol, remove POD#1
31 humidified O2 per nc
Resume preop diet ASAP as tolerated

IVF: LR @ 100 ml/hr until tolerated pos, then HC.

LABS: CBC, BMP in AM, H&H POD#2 & #3

Consult_____ for Medical Management.

SOCIAL WORK: Rehab Consultation for hip fractures.
SNF/Nursing home placement
Discharge planning to arrange 3 in 1 chair, walker with wheels PRN.

THERAPY: Physical Therapy to assist with gait training, transfers, WBAT
Occupational Therapy to assist with ADL's

MEDS: ABX: Ancef ___gm IV Q6 for three postop doses. OR
Clindamycin 600mg IV q6 for three postop doses. OR
Vancomycin 1gm IV q12 x2

PAIN CONTROL: Tylenol 1000mg IV TID x48, then PRN pain or fever, (limit to 3000 mg/day)
Celebrex _____mg po daily/BID
Dilaudid 1-4 mg po q4 PRN pain.
Ultram 50mg 1-2 po q4 PRN pain.
Dilaudid 0.5-1.5mg IV q1 prn breakthrough pain.

OTHER MEDS: Lovenox 40mg SQ QAM begin POD #1 / Xarelto 10mg po Q Day start POD #1
Zofran 8mg IV in PACU, then 4mg IV/PO q4 prn nausea
Ambien 5-10 mg po QHS PRN insomnia
Pepcid 20mg po daily
Colace 100mg po BID
Flomax 0.4mg po daily (males only).
Mylanta 30-60 cc po q4 prn indigestion
Dulcolax suppository pr daily prn constipation
Mag citrate 1/2- 1 bottle po daily prn constipation
Fleets enema pr q12 prn constipation

Other Orders:

George B. Sutherland M.D./Darron Standiford PA-C

Date/Time: